

Members will develop and apply decision-making skills in purchasing apparel and accessories based on individual resources and needs. Youth will acquire consumer skills and save family dollars while developing poise and self-confidence.

Junior and Senior Conest	Points
Each contestant will model the ready-to-wear outfit, which he/she purchased.	100
Each contestant will give reasons about the suitability of the outfit that he/she has selected. Reasons should include: 1. A statement about why the outfit is appropriate for the occasion for which it was purchased (10 points) 2. At least one (1) accurate statement about the fiber/fabric of the garment (10 points) 3. At least one (1) accurate statement about care requirements (10 points) 4. At least three (3) accurate statements regarding suitability of the style, texture, color, and/or design of the outfit to the 4-H'er's body type (30 points) 5. At least four (4) accurate statements regarding the construction quality of the garment (40 points)	100
SKILLATHON Phase – This phase will consist of a series of stations or tables where individual contestants will respond to the requirements of the station. Stations MAY INCLUDE: Clothing label, types of fibers, styles of clothes, consumer decisions, clothing budget, and laundry symbols.	100
TOTAL	300

Resources:

Clothing Decisions/ A Style of Your Own

- 4H CC5 BU 7360 2000 - Discovering Choice
- 4H CC5 BU 7361 1999 - Managing Choice
- 4H CC5 BU 7362 1999 - Helper's Guide

P1303- Clothing Selection Manual (Contact Specialist)

4-H FCS Skill-a-Thon Sewing and Clothing ID-Texas A&M AgriLife Extension Service

<https://texas4-h.tamu.edu/wp>

[content/uploads/national_fcs_skillathon_sewing_clothing_id_2025.pdf](https://texas4-h.tamu.edu/wp-content/uploads/national_fcs_skillathon_sewing_clothing_id_2025.pdf)

Textile Types-Colorado 4-H

<https://co4h.colostate.edu/projects/manuals/Artistic-Clothing-Textile-Types-Selections-Supplement.pdf>

Consumer Clothing Beginner-Purdue University-

https://app.box.com/s/kk5d5bzj86k6ha1y9ilxbwtwti0ctayh?_ga=2.181089134.89553732.1737736706-1983412891.1737736693

Consumer Clothing Intermediate-Purdue University-

https://app.box.com/s/eckz0k3v6lth9vnkpyes8qlhbkjpn8t?_ga=2.32641981.225146288.1737736824-1146015152.1737736824

Consumer Clothing Advanced Level-Purdue University-

https://app.box.com/s/t1mtqm0l7qv2a15buenjv723go17c5pz?_ga=2.25416440.497590700.1737736883-1146015152.1737736824

4-H Thrive

Positive Youth Development

Developing Competence

Adults create environments where youth can develop competence in their chosen project area.

Building Confidence

Youth build confidence as they learn to think for themselves, build mastery, and are recognized for their efforts.

Nurturing Caring

Adults nurture a caring environment where mutual trust between youth and adults is established. Caring relationships with adults are key to resilient youth.

Finding Connection

Youth build solid connections which are critical to their well-being.

Forming Character

Create a community where youth play an active role in developing their character.

Determining Contribution

Youth actively contribute to their clubs and communities.

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