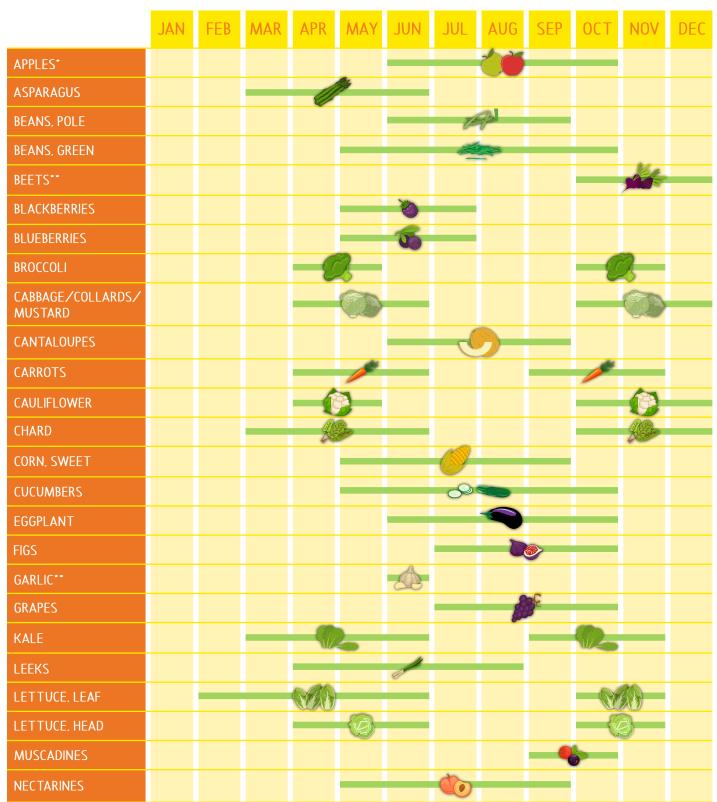


BUY FRESH FRUITS & VEGETABLES IN SEASON!

Use this calendar to choose fresh fruits and vegetables year-round! Look for locally grown foods in grocery stores and restaurants, or visit your local farmers market, pick-your-own farm, or roadside produce stand.



MIL



^{*}Apples may be available until spring if they are stored cold.

These time frames are statewide. The earliest dates are for counties in the south, and the latest dates are for counties in the north. The produce available in your area may be slightly different than the dates listed here.



Publication 3144 (POD-12-21)

 ${\tt Compiled}\ {\tt by}\ \textbf{\textit{Jeff Wilson}}, \\ {\tt Mississippi}\ {\tt State}\ {\tt University}\ {\tt Extension}\\ {\tt Service}.$

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider.

Mississippi State University is an equal opportunity institution. Discrimination in university employment, programs, or activities based on race, color, ethnicity, sex, pregnancy, religion, national origin, disability, age, sexual orientation, gender identity, genetic information, status as a U.S. veteran, or any other status protected by applicable law is prohibited.

Extension Service of Mississippi State University, cooperating with U.S. Department of Agriculture. Published in furtherance of Acts of Congress, May 8 and June 30, 1914. GARY B. JACKSON, Director

^{**}These fruits and vegetables may be available from storage year-round.