



## Equine-Assisted Therapy programs are held at

Elizabeth A. Howard Therapeutic Riding and Activity Center

1225 Old White Road South, West Point, MS 39773



To become a volunteer or learn more, contact Lori Irvin at [lirvin@humansci.msstate.edu](mailto:lirvin@humansci.msstate.edu).

Certification workshops for therapeutic riding instructors are approved by the Professional Association of Therapeutic Horsemanship (PATH) International.



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For disability accommodation, please contact Cassie Brunson at [cbrunson@humansci.msstate.edu](mailto:cbrunson@humansci.msstate.edu).

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# Best friends come in all sizes.

VOLUNTEER WITH THE EQUINE-ASSISTED THERAPY PROGRAM, AND HELP SOMEONE FIND A NEW BEST FRIEND.



## Do you love horses?

## Do you want to help people?

Bring your two loves together as a volunteer with Extension's Equine-Assisted Therapy program!

As a volunteer, you will help  
children with special needs.

You will work with a certified riding  
instructor and other volunteers  
who care about people and horses  
just as much as you do.



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## 4-H THERAPEUTIC RIDING & ACTIVITY CENTER

### CORE VALUES

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*Healing*

*Empowerment*

*Passion*

*Integrity*

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#### You will:

- Help with riding classes.
- Teach riders about horse behavior, care, and grooming.
- Build bonds and understanding with the riders and horses.
- Help riders grow intellectually, socially, physically, and emotionally.

#### Through the Equine-Assisted Therapy program, children and adults with special needs can:

- Improve their strength, coordination, and posture.
- Become more independent.
- Increase their confidence and self-esteem.
- Enrich their quality of life.

#### Therapeutic Riding Programs

- Therapeutic horseback riding
- Hippotherapy
- Veterans Horsemanship Program

