

# 4-H Cloverbud Record Book



First and Last Names



MISSISSIPPI STATE  
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EXTENSION

# Introduction Page

Records for this book are from October \_\_\_\_\_ to September \_\_\_\_\_ .

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Name of 4-H Club: \_\_\_\_\_

Name of School Attended: \_\_\_\_\_

Grade: \_\_\_\_\_ Number of years in 4-H Cloverbuds: \_\_\_\_\_

My Signature: \_\_\_\_\_

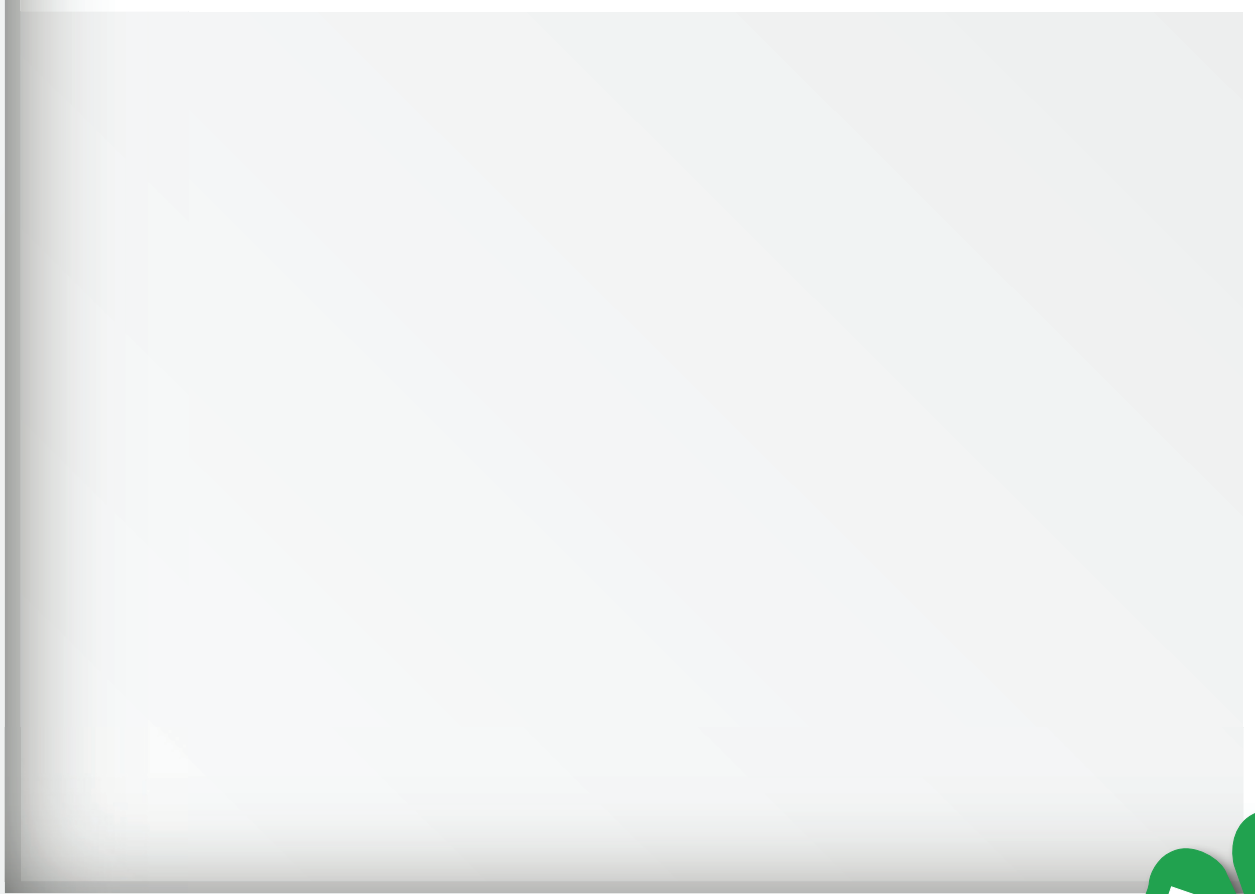


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# This Is Me

Tape a photo or draw a picture of yourself in the box below.



My hair color is: \_\_\_\_\_

My eye color is: \_\_\_\_\_

My favorite animal is: \_\_\_\_\_

My favorite food is: \_\_\_\_\_

My favorite activity is: \_\_\_\_\_

# The 4-H Emblem

The 4-H emblem is a four-leaf clover with an “H” on each leaf. The letters in the emblem stand for **Head, Heart, Hands, and Health**—the foundation of all 4-H programs.

# The 4-H Colors

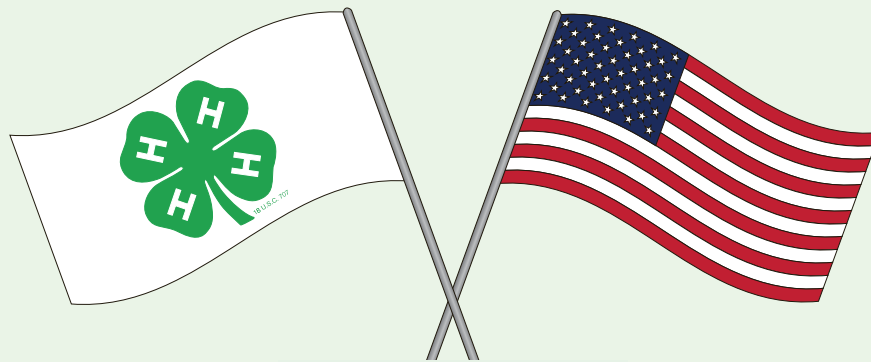
The 4-H colors are green and white. Green is nature’s most common color, and white symbolizes purity and high ideals.

# The 4-H Motto

**“To Make the Best Better”**

This motto encourages everyone involved in 4-H to do the best job they can.





# The American Flag Pledge

(When reciting the pledge, stand at attention, facing the flag,  
and place your right hand over your heart.)

"I pledge allegiance to the flag of the  
United States of America, and to the  
republic for which it stands, one nation  
under God, indivisible, with liberty  
and justice for all."

## The 4-H Pledge

I Pledge my **HEAD** to Clearer Thinking

(right hand points to forehead)

My **HEART** to Greater Loyalty

(place right hand over heart)

My **HANDS** to Larger Service

(arms slightly bent with palms up)

And My **HEALTH** to Better Living

(arms at sides)

For My Club, My Community, My Country, and My World.



A 4-H Club is a group in my area that meets to learn about 4-H, works together, and has fun.

My Club is: \_\_\_\_\_

My Club meets at: \_\_\_\_\_

My Club leaders are: \_\_\_\_\_

Fun things I did with my Club:

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

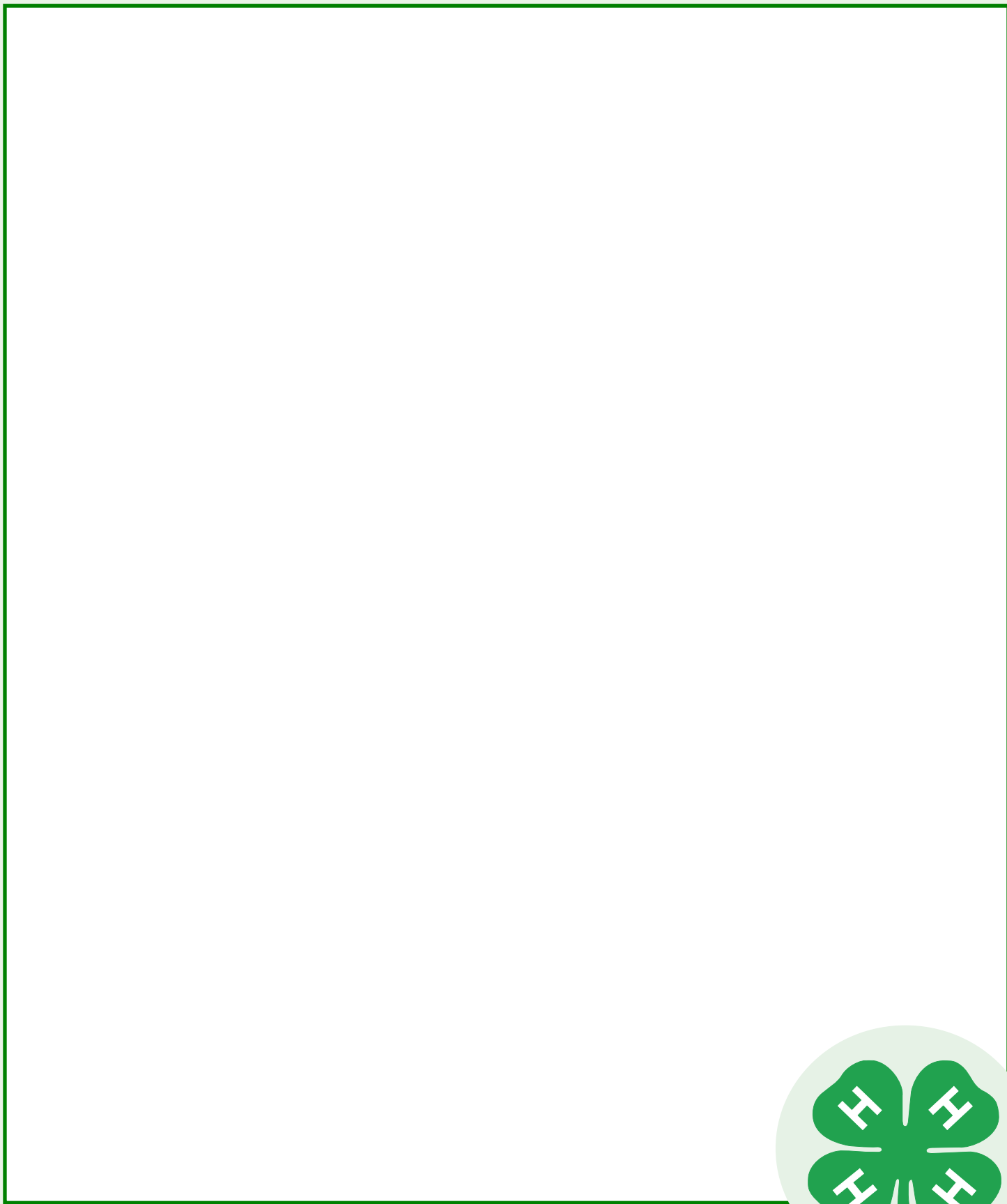
\_\_\_\_\_ Date: \_\_\_\_\_

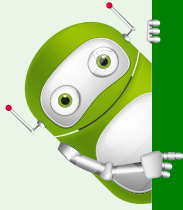
\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

Draw a picture or write a story about a club activity you liked best.





# 4-H County Fun



Fun things I did with my county:

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

Draw a picture or write a story about a county activity you liked best.



# 4-H Fair Fun



Exhibits I did at State Fair:

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Draw a picture or insert a photo of the exhibits you had at State Fair.

# What I Learned This Year

## 4-H Pledge

I Pledge My \_\_\_\_\_ to Clearer Thinking,

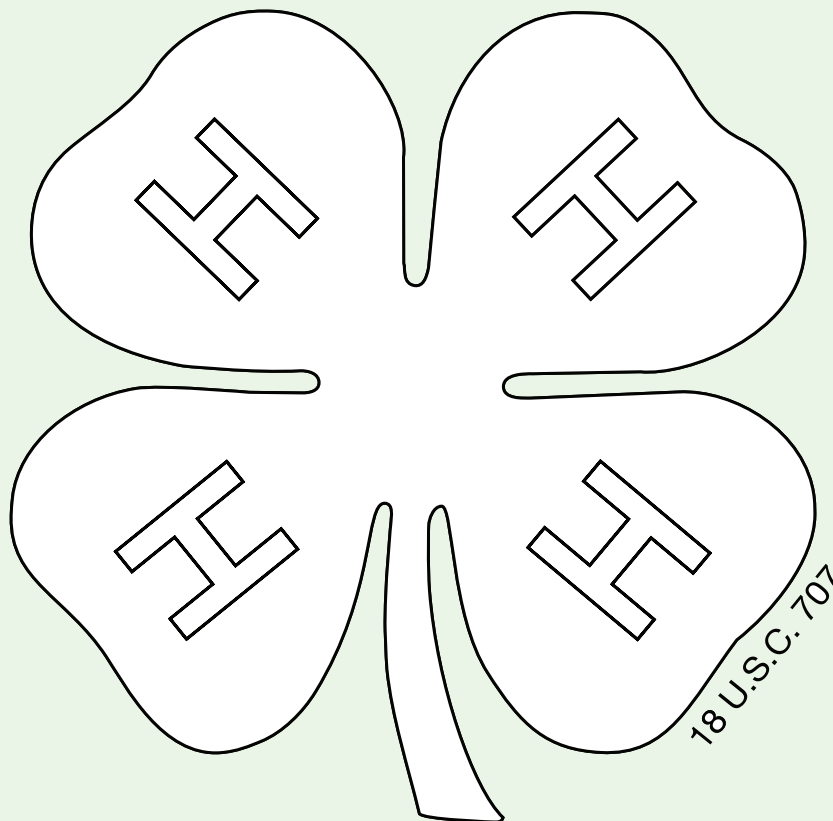
My \_\_\_\_\_ to Greater Loyalty,

My \_\_\_\_\_ to Larger Service,

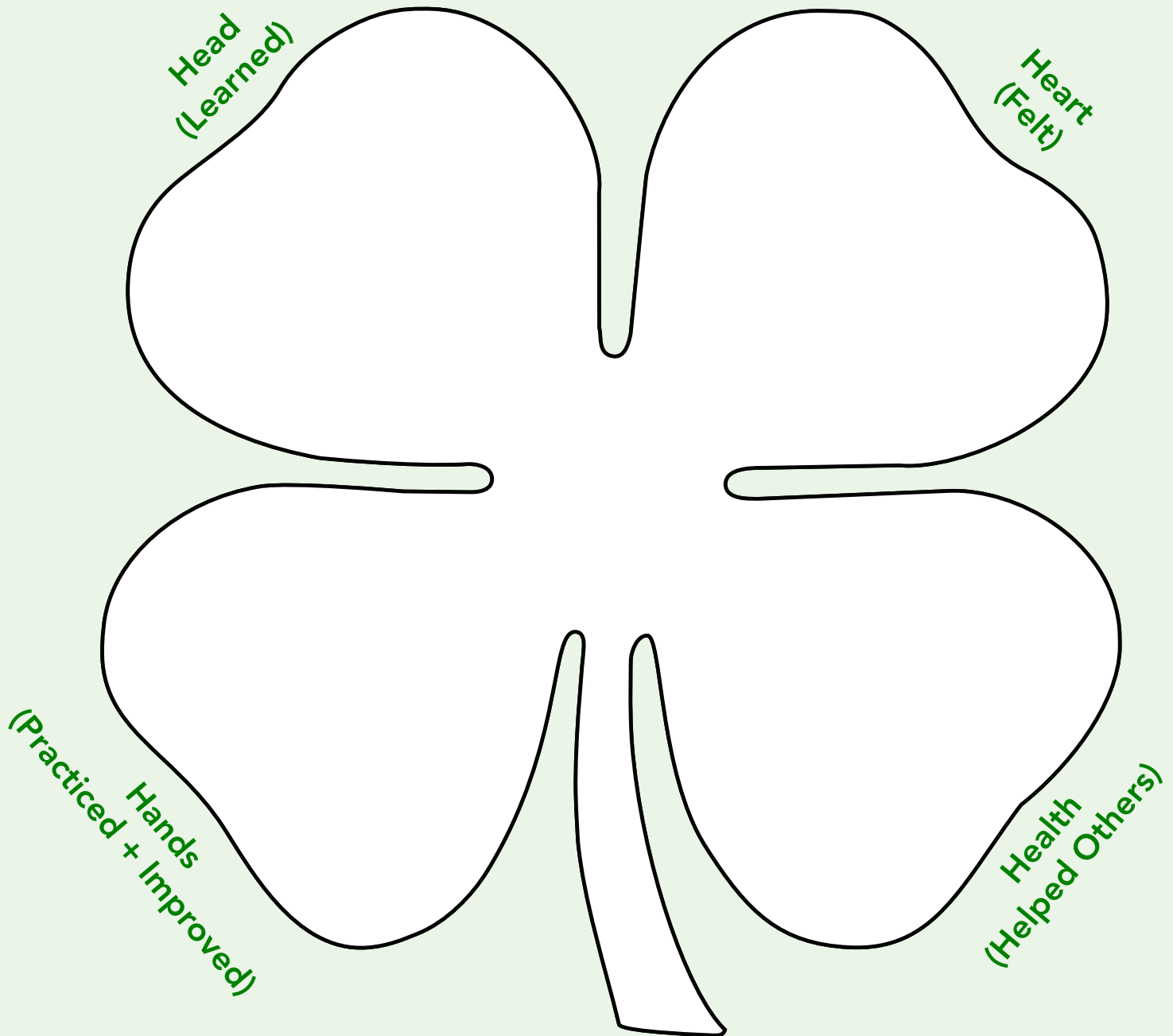
and My \_\_\_\_\_ to Better Living,

for My Club, My Community, My Country, and My World.

Color the clover using the correct colors.



# Youth Reflection



**Head (Learned):** Describe what you learned in today's activity.

**Heart (Felt):** Describe how you felt while doing today's activity.

**Hands (Practiced and Improved):** Describe something you got better at doing in today's activity.

**Health (Helped Others):** Describe how you helped others in today's activity.



# Supporting Material

Add clippings and pictures of different 4-H activities you participated in.







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## EXTENSION

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